

# Mersea Sprint 19

## Result List AG

Place	Bib	Name	Club	Swim	T1	Bike	T2	Run	Finish
Contest 1									
Junior Female 15-19									
1.	632	Madison Allen	Tri Spoke	16:11	01:29	48:31	00:46	24:16	<b>1:31:13</b>
2.	631	Abi Allen	MyTriClub Dubai	16:41	01:07	49:48	00:45	30:41	<b>1:39:02</b>
Female 20-39									
1.	662	Holly Dye		14:10	01:23	46:31	01:03	23:46	<b>1:26:53</b>
2.	726	Joanna Sygula	CocobongoPinkTeam	19:00	01:29	43:29	00:59	22:12	<b>1:27:09</b>
3.	647	Amy Byrne	Greenwich Tritons	18:26	01:46	48:06	00:47	22:36	<b>1:31:41</b>
4.	671	Arabella Gilby		20:23	02:00	47:50	01:14	23:56	<b>1:35:23</b>
5.	672	Lily Gilby		18:40	01:52	49:39	01:16	26:04	<b>1:37:31</b>
6.	681	Claire Hennigan		19:46	02:12	51:06	00:51	24:44	<b>1:38:39</b>
7.	712	Agnieszka Rola	CocobongoPinkTeam	20:22	02:38	50:11	01:17	25:30	<b>1:39:57</b>
8.	686	Victoria Jackson		17:10	01:57	52:36	00:58	27:29	<b>1:40:10</b>
9.	718	Megan Smyth		18:17	02:30	53:08	00:54	27:57	<b>1:42:45</b>
10.	709	Iza Pastuszynska	CocobongoPinkTeam	21:27	01:54	50:40	01:07	28:25	<b>1:43:32</b>
11.	673	Helene Gleizes		23:39	02:23	53:19	01:08	23:10	<b>1:43:39</b>
12.	653	Anna Coveney		18:11	03:21	54:38	00:59	26:33	<b>1:43:41</b>
13.	722	Jo Spillings		21:27	01:49	52:17	00:57	30:55	<b>1:47:24</b>
14.	677	Tamzen Grove		24:35	04:53	1:02:43	01:48	31:09	<b>2:05:08</b>
15.	688	Shelley Keep		29:32	04:18	56:27	01:18	36:13	<b>2:07:48</b>
16.	635	Alice Barker		25:05	05:03	1:04:06	01:38	32:25	<b>2:08:17</b>
17.	764	Rebecca Tayloe		26:52	03:14	1:06:38	01:16	30:24	<b>2:08:23</b>
18.	667	Hannah Flight		19:35	02:34	1:07:57	00:59	39:14	<b>2:10:19</b>
19.	727	Kate Taylor		29:10	05:38	1:04:14	01:15	33:33	<b>2:13:50</b>
20.	708	Sarah Parkin		22:21	03:06	1:13:35	01:15	33:34	<b>2:13:51</b>
21.	750	Amy Percy		26:58	03:09	1:10:44	01:43	34:36	<b>2:17:10</b>
Vet Female 40-49									
1.	663	Lucy Edward		19:27	01:49	46:29	00:56	22:23	<b>1:31:03</b>
2.	746	Julia Gardiner		18:33	02:09	50:24	01:01	22:26	<b>1:34:32</b>
3.	736	Jo Ward		20:28	03:08	52:34	01:04	25:47	<b>1:43:00</b>

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Place	Bib	Name	Club	Swim	T1	Bike	T2	Run	Finish
4.	660	Elizabeth Dowd		19:56	04:50	57:32	02:06	23:00	<b>1:47:24</b>
5.	713	Suzy Ryan		21:32	03:39	58:03	01:09	31:22	<b>1:55:45</b>

#### Super Vet + Female 50-99

1.	738	Stephanie Waterman	Tri-Anglia	19:26	02:00	54:09	01:16	33:12	<b>1:50:02</b>
2.	657	Louise Dean	Blackwater triathlon club	21:27	01:47	56:28	01:18	31:17	<b>1:52:17</b>
3.	649	Louise Chapman		30:58	01:58	1:02:22	00:57	29:25	<b>2:05:40</b>
4.	664	Jane Evans	Harlow Tri Club	27:00	03:19	1:04:02	01:23	30:11	<b>2:05:54</b>

#### Junior Male 15-19

1.	754	Haydon Smith		20:56	02:20	48:50	00:48	25:06	<b>1:38:00</b>
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#### Male 20-39

1.	680	Alex Harrison	stowmarket cycle club	12:12	00:51	40:47	00:35	20:43	<b>1:15:07</b>
2.	666	Luke Fitz-John	South Woodham Swimming Club	13:17	01:35	42:09	00:51	19:32	<b>1:17:23</b>
3.	711	Will Peek		13:17	02:01	42:48	01:01	19:08	<b>1:18:15</b>
4.	669	Ian Fraser	Tri-Spoke	14:30	01:19	42:22	01:01	20:13	<b>1:19:24</b>
5.	684	Dave Hunter		14:12	01:03	42:32	00:53	22:37	<b>1:21:17</b>
6.	674	Owen Graham	AMS Triathlon	18:22	01:12	42:40	00:41	18:28	<b>1:21:23</b>
7.	703	Huw Myatt		16:54	01:05	41:20	00:46	21:31	<b>1:21:36</b>
8.	676	Harry Gozzett		15:49	01:44	44:42	00:47	19:26	<b>1:22:28</b>
9.	742	James Young		16:16	01:44	44:09	00:56	19:46	<b>1:22:51</b>
10.	741	Peter Woosey		15:50	01:59	45:43	00:52	20:40	<b>1:25:04</b>
11.	651	Daniel Collin		16:35	01:15	43:12	00:53	23:27	<b>1:25:22</b>
12.	710	Thomas Peek		16:51	01:45	46:27	01:24	20:12	<b>1:26:39</b>
13.	766	Andrew Newman		15:45	01:41	45:44	00:35	23:23	<b>1:27:08</b>
14.	705	Andrew Nicklin		16:53	01:24	46:09	00:58	21:44	<b>1:27:08</b>
15.	644	Lewys Blore		16:27	01:53	44:37	00:50	23:38	<b>1:27:25</b>
16.	682	Bruce Horak		16:24	02:11	48:05	01:03	23:18	<b>1:31:00</b>
17.	638	Michael Barnes	Born2Tri	21:19	02:21	43:22	01:00	23:01	<b>1:31:02</b>
18.	697	Matthew McGuinness		18:09	01:26	48:23	00:56	23:23	<b>1:32:17</b>
19.	658	Thomas Dodd		18:49	01:49	47:15	00:55	24:49	<b>1:33:37</b>
20.	698	Philip McPhee	Watford Joggers	18:00	02:59	51:33	00:50	20:25	<b>1:33:47</b>

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Place	Bib	Name	Club	Swim	T1	Bike	T2	Run	Finish
21.	717	Matthew Smith		16:06	01:45	50:37	00:58	24:26	<b>1:33:52</b>
22.	759	Craig Reed		15:15	02:44	48:42	00:33	26:41	<b>1:33:54</b>
23.	744	Andy Smith		20:35	02:27	48:40	00:46	22:49	<b>1:35:17</b>
24.	720	Rob Speakman		16:57	03:36	48:19	01:23	25:20	<b>1:35:35</b>
25.	733	Edward Twinn		15:01	03:07	55:00	00:34	23:25	<b>1:37:07</b>
26.	679	Simon Handley		21:10	02:16	51:42	00:49	21:52	<b>1:37:48</b>
27.	719	David Speakman		17:45	02:52	50:39	01:11	26:22	<b>1:38:49</b>
28.	637	Lewis Barker		18:03	03:03	54:03	00:52	23:59	<b>1:40:00</b>
29.	732	Oliver Tudor		19:31	10:39	47:24	01:07	22:18	<b>1:40:58</b>
30.	721	Tom Speakman		18:16	02:29	54:22	01:33	24:45	<b>1:41:24</b>
31.	668	Joe Fowler		24:34	01:20	50:29	01:00	26:49	<b>1:44:12</b>
32.	639	Steven Beeton		17:54	01:59	53:41	00:47	30:12	<b>1:44:32</b>
33.	740	Jordan Wilson		20:10	02:17	58:24	00:46	24:25	<b>1:46:01</b>
34.	737	Mike Warne	Ipswich Triathlon Club	22:29	02:33	51:44	01:35	29:20	<b>1:47:41</b>
35.	799	Daniel Yule		19:50	03:59	53:30	01:43	30:55	<b>1:49:57</b>
36.	728	Luke Taylor		20:00	04:29	1:04:04	00:58	26:07	<b>1:55:38</b>
37.	694	Jamie May		27:39	03:16	59:06	00:47	25:04	<b>1:55:52</b>
38.	739	David Weir		28:11	03:06	56:03	01:50	26:59	<b>1:56:08</b>
39.	675	Kevin Green		28:51	04:40	52:50	02:48	27:59	<b>1:57:08</b>
40.	747	Oliver Coward		24:51	03:27	1:00:35	01:17	27:14	<b>1:57:24</b>
41.	716	Simon Shaw		20:15	03:12	55:51	01:21	36:53	<b>1:57:32</b>
42.	690	Karl Iattion		28:53	04:39	53:31	02:04	28:43	<b>1:57:49</b>
43.	777	James Reed		33:01	02:26	53:53	01:23	27:10	<b>1:57:53</b>
44.	642	Dominic Bibby		20:18	03:08	1:07:09	01:29	26:50	<b>1:58:54</b>
45.	748	Jack Cookson		19:59	03:39	1:12:18	00:59	23:56	<b>2:00:50</b>
46.	636	Andy Barker		22:33	02:48	1:06:19	01:10	33:32	<b>2:06:22</b>
47.	724	Stuart Stafford		37:38	03:09	1:05:17	02:19	35:16	<b>2:23:39</b>
48.	731	Darryl Took		22:43	17:44	1:05:31	02:26	35:18	<b>2:23:42</b>

#### Vet Male 40-49

1.	685	Gordon Irvine	Newmarket Cycling & Triathlon Club	15:44	01:03	40:19	00:41	18:55	<b>1:16:41</b>
2.	689	Andrew Kennedy		16:13	01:10	41:33	00:46	22:20	<b>1:22:02</b>
3.	656	Jean Paul Da Silva	London Fields Triathlon Club	14:15	02:10	44:23	00:47	20:48	<b>1:22:22</b>

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Place	Bib	Name	Club	Swim	T1	Bike	T2	Run	Finish
4.	643	Martin Blackwell	Colchester Harriers	17:03	01:02	40:46	00:45	23:33	<b>1:23:09</b>
5.	702	Danny Moody	Tri Sport Epping	15:44	01:10	45:00	00:46	22:34	<b>1:25:14</b>
6.	707	Joss Onion		15:51	01:41	47:12	00:50	20:22	<b>1:25:56</b>
7.	701	Scott Monger		16:55	01:40	45:31	01:10	25:02	<b>1:30:18</b>
8.	641	Mike Benton		21:00	01:25	45:48	01:06	24:03	<b>1:33:22</b>
9.	665	David Everiss	Army Triathlon	20:12	01:41	48:16	01:17	22:20	<b>1:33:46</b>
10.	648	Ian Chapman	Tri Preston	15:35	02:13	48:49	01:00	26:39	<b>1:34:16</b>
11.	691	James Lawson		18:50	02:29	47:47	01:21	24:04	<b>1:34:31</b>
12.	670	Tom Giblenn		14:25	02:26	51:21	01:45	24:41	<b>1:34:37</b>
13.	749	Nick Smith		17:03	02:23	47:44	01:00	26:40	<b>1:34:49</b>
14.	776	Shaun Warbey		17:30	02:35	47:04	01:34	26:40	<b>1:35:23</b>
15.	700	Jason Monaghan		19:46	02:12	49:11	00:58	23:53	<b>1:35:59</b>
16.	800	Andrew Okwara		22:35	02:05	52:52	01:21	24:46	<b>1:43:39</b>
17.	633	Simon Alty		20:27	02:47	53:28	01:02	26:24	<b>1:44:08</b>
18.	640	Ian Bennett		22:18	03:44	51:03	01:31	27:46	<b>1:46:22</b>
19.	661	Ryan Dowd		20:05	04:44	55:35	04:01	25:27	<b>1:49:52</b>
20.	696	Chris McCrave		20:30	04:24	54:07	02:36	30:33	<b>1:52:09</b>
21.	654	Duncan Cox	TRISudbury	29:23	02:00	51:01	01:14	28:51	<b>1:52:29</b>
22.	715	Barry Sayer		24:48	04:08	1:15:35	01:25	38:42	<b>2:24:38</b>

#### Super Vet + Male 50-99

1.	723	Paul Spowage	Born2Tri	16:44	01:19	39:32	00:55	19:39	<b>1:18:09</b>
2.	547	Christian Watts		18:20	01:27	44:16	01:23	25:11	<b>1:30:37</b>
3.	706	Eugene Ong		17:14	02:55	46:13	00:56	25:53	<b>1:33:11</b>
4.	729	Darren Thomas	Dunmow tri club	18:40	02:01	46:27	00:56	28:24	<b>1:36:28</b>
5.	693	Glenn Massey		22:11	01:53	48:19	01:51	27:17	<b>1:41:31</b>
6.	730	Tim Parnell		22:13	05:45	48:52	01:40	24:03	<b>1:42:32</b>
7.	678	Paul Halsey		21:13	02:37	51:22	00:42	27:14	<b>1:43:07</b>
8.	763	Richard Weaver		20:00	02:36	57:20	01:33	26:53	<b>1:48:22</b>
9.	714	David Saul	Chiltern Harriers	28:41	03:48	51:37	00:46	24:54	<b>1:49:46</b>
10.	695	Andrew McBride		23:04	02:55	56:43	00:59	29:46	<b>1:53:27</b>
11.	704	Ron Naman	Shaftesbury CC	20:17	02:28	52:17	01:31	39:30	<b>1:56:02</b>
12.	692	Dimitri Lera		26:22	05:58	1:02:41	01:27	24:43	<b>2:01:11</b>

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### **Result List AG**

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<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Club</b>	<b>Swim</b>	<b>T1</b>	<b>Bike</b>	<b>T2</b>	<b>Run</b>	<b>Finish</b>
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Number of records: 115