

Middle Dist 19

Result List AG

Place	Bib	Name	Gender	Club	Swim	T1	Bike	T2	Run	Finish
Contest 1										
Team Relay										
1.	544	Oliver Grogan	a		31:16	00:47	2:58:47	00:54	1:52:36	5:24:19
2.	605	Gavin Sheehan	a	Islanders _	28:47	00:57	3:20:04	02:01	1:36:23	5:28:11
Senior Female 20-29										
1.	513	Gabriella Burden	f		37:36	02:18	3:11:26	01:19	2:05:40	5:58:18
Senior Female 30-39										
1.	546	Caro Harper	f		38:35	01:52	2:40:03	01:14	1:50:44	5:12:27
2.	527	Rowena De Belligny	f		34:53	01:44	2:52:42	01:07	1:59:38	5:30:03
3.	557	Ruth King	f	Blackwater triathlon club	36:43	02:01	3:08:06	01:15	1:53:21	5:41:25
4.	591	Rachel Pointer	f	Tri-Anglia	39:34	01:52	2:59:34	01:14	2:14:36	5:56:49
5.	623	Sally Wood	f	Windrush triathlon club	39:23	01:50	3:20:19	01:26	2:14:17	6:17:14
6.	598	Claire Robertson	f	Glasgow triathlon club	59:35	04:10	3:20:19	04:30	2:49:12	7:17:46
7.	543	Charlotte Gore	f		51:53	04:03	3:28:55	04:39	3:12:15	7:41:45
8.	562	Joanne Lloyd	f		49:07	03:26	3:47:46	02:43	3:05:46	7:48:47
Vet Female 40-49										
1.	545	Jane Hannah	f	Tri-Anglia	38:40	01:48	2:45:46	00:48	1:52:52	5:19:53
2.	553	Claire Joyce	f	Epsom Triathlon Club	40:05	02:32	2:52:30	01:10	2:17:09	5:53:25
3.	583	Kerry O'Shea	f		45:28	03:17	3:19:37	02:18	2:29:20	6:39:59
4.	597	Natalie Roberts	f	Blackwater triathlon club	42:04	03:03	3:15:20	01:27	2:39:48	6:41:42
5.	552	Nicola Jacobs	f	JBR Run & Tri Club	40:13	03:52	3:13:58	03:03	2:40:37	6:41:42
6.	563	Sarah-Jayne Lumley	f	Tri Harder	43:58	02:13	3:26:57	01:24	2:36:38	6:51:10
7.	550	Zoe Hodder Smith	f	Blackwater Tri Club	40:04	02:47	3:31:43	03:45	3:06:20	7:24:38
Super Vet + Female 50-99										
1.	533	Penny Edwards	f	Tri-Anglia	48:55	03:18	3:18:14	02:43	2:26:12	6:39:22
2.	574	Jackie Morley	f		48:26	04:25	3:36:47	01:43	2:40:54	7:12:14
male 18-19										
1.	524	Archie Cotterill	m	Little Baddow Ridge Runners	37:30	02:32	3:17:20	02:39	2:23:45	6:23:45

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Senior Male 20-29										
1.	585	Glenn Olding	m		27:34	01:39	2:34:41	01:19	1:53:27	4:58:39
2.	512	Charles Bullock	m		39:19	02:13	2:39:33	01:07	1:57:45	5:19:56
3.	568	Tomas McGuinness	m		32:59	01:54	2:55:47	01:08	1:52:19	5:24:06
4.	593	Thomas Prichard	m	Tinmen	33:23	03:21	2:54:00	01:50	1:51:41	5:24:14
5.	596	Hector Rigby	m		35:18	04:14	2:51:20	02:12	2:06:00	5:39:03
6.	529	Josh Downs	m		38:49	02:25	3:01:18	01:44	2:06:56	5:51:11
7.	604	Josh Shaxson	m		41:27	02:56	3:03:28	01:39	2:06:21	5:55:50
8.	589	Matt Pexton	m		33:13	02:21	2:57:06	03:31	2:23:19	5:59:29
9.	603	Stefan Schmid	m	WINDRUSH TRIATHLON CLUB	42:35	01:53	3:09:27	00:58	2:15:06	6:09:58
10.	508	Kieran Boulton	m		42:34	02:27	2:52:58	01:19	2:34:22	6:13:40
11.	622	Nicholas Willis	m		39:54	02:13	3:18:52	01:18	2:39:33	6:41:50
12.	600	James Robson	m		33:14	02:19	3:21:25	03:58	2:46:39	6:47:34
13.	614	Edward Twinn	m		39:41	01:44	3:12:36	02:18	3:10:18	7:06:36
14.	584	Oisin O'Mara Kane	m		42:32	08:38	3:30:45	09:35	2:49:20	7:20:49
Senior Male 30-39										
1.	590	Andrea Piscopo	m	Fit Multisport A.S.D.	32:45	02:03	2:41:04	01:56	1:36:17	4:54:04
2.	609	Andrew Tait	m		31:48	01:18	2:32:55	00:53	1:47:32	4:54:25
3.	567	John McGuinness	m		36:10	01:51	2:52:05	00:55	1:45:25	5:16:26
4.	506	Tim Cowen	m		39:22	02:11	2:45:51	01:42	1:50:49	5:19:54
5.	556	Greg Kent	m		36:15	03:17	2:56:51	01:46	1:42:01	5:20:09
6.	607	Reuben Smith	m	Newmarket Cycling and Triathlon Club	31:14	02:00	2:45:20	01:07	2:08:23	5:28:03
7.	536	Adrien Fischer	m	Windrush Triathlon Club	37:43	02:16	2:47:23	01:25	2:00:43	5:29:29
8.	610	Dave Tansley	m	WINDRUSH TRIATHLON CLUB	39:23	02:52	2:50:25	01:06	1:57:03	5:30:48
9.	558	Valereii Kosicek	m		30:23	02:01	3:06:59	01:26	1:51:26	5:32:14
10.	594	John Ramsay	m		40:00	03:05	2:51:18	01:48	1:57:16	5:33:26
11.	602	Henry Schimanski	m		36:32	02:34	2:31:13	02:55	2:21:56	5:35:09
12.	577	Christopher Murphy	m		39:50	04:06	2:43:08	02:14	2:08:05	5:37:23
13.	615	Rich Walker	m		37:50	04:45	2:57:29	02:59	1:59:52	5:42:54
14.	523	Stan Colomb	m		45:57	01:46	2:48:52	01:44	2:04:53	5:43:11
15.	501	Peter Alexander	m		43:19	02:30	2:51:10	01:51	2:06:51	5:45:40

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16.	606	Peter Simpson	m		49:31	02:19	2:55:13	01:22	1:59:55	5:48:19
17.	519	Mark Caseley	m		33:14	02:08	2:59:17	01:40	2:14:32	5:50:50
18.	579	Steve Nichols	m		39:09	01:56	2:55:22	02:21	2:13:41	5:52:28
19.	620	Michael Wilce	m		39:51	02:21	2:59:09	02:01	2:10:59	5:54:21
20.	612	Miguel Torres	m	Cambridge Triathlon Club	42:01	03:25	3:09:50	02:34	2:08:03	6:05:53
21.	576	Stuart Mulchinock	m	JBR Run & Tri Club	39:43	02:37	2:58:00	01:35	2:25:04	6:06:58
22.	573	Richard Moore	m		45:13	03:56	2:50:04	02:10	2:27:32	6:08:55
23.	528	Julien Douillet	m	Freedom Tri	42:39	04:51	3:17:23	04:10	2:04:00	6:13:02
24.	535	Daniel Eriksson	m		40:03	04:51	3:06:21	01:53	2:24:24	6:17:31
25.	503	Neil Anderson	m		42:11	02:20	3:04:57	03:37	2:32:56	6:26:00
26.	578	Jack Newnham	m		41:58	03:28	3:30:56	03:15	2:09:13	6:28:49
27.	581	Paul O'Mahony	m		42:53	02:06	3:13:09	02:24	3:03:17	7:03:48
28.	586	Anthony Oliveri	m	JBR Run & Tri Club	49:22	07:40	3:14:56	04:19	3:02:06	7:18:23
29.	582	Peter O'Mara	m		42:31	08:37	3:30:42	09:40	2:49:20	7:20:49

Vet Male 40-49

1.	516	Benji Byrne	m		32:56	02:24	2:48:33	01:20	1:34:39	4:59:51
2.	571	David Milligan	m		37:19	02:10	2:41:28	01:04	1:47:51	5:09:51
3.	541	Philip Gibsone	m	Stortford tri	34:59	01:38	2:43:58	01:10	1:51:53	5:13:38
4.	555	Nick Kenney	m	Wight Tri	39:45	01:44	2:44:11	01:29	1:48:35	5:15:43
5.	520	Russell Clarke	m		35:46	02:12	2:42:51	00:58	1:55:41	5:17:27
6.	540	Chris Giannangelo	m	Sheldon Triathlon Club	35:57	01:57	2:45:21	01:27	1:53:36	5:18:17
7.	514	Chris Busby	m		39:05	03:20	2:34:08	02:08	2:00:19	5:18:59
8.	619	Kristian Whitmarsh	m	Whitty's Sport Therapy	29:10	01:25	2:39:39	01:23	2:25:47	5:37:24
9.	561	Gareth Llewelyn-Williams	m		33:06	02:38	2:49:54	02:03	2:09:46	5:37:26
10.	559	Anthony Lansdowne	m		35:14	02:20	3:00:06	01:21	1:59:49	5:38:49
11.	505	James Bailey	m		39:32	03:12	2:48:45	01:39	2:08:02	5:41:09
12.	551	David Jacobs	m		37:23	02:05	2:43:25	01:45	2:17:58	5:42:36
13.	588	Jonathan Patterson	m	Tornado Endurance	39:53	03:20	2:42:51	01:22	2:25:03	5:52:28
14.	554	Dan Joyce	m		46:05	02:15	2:46:40	01:24	2:17:02	5:53:25
15.	504	Mark Andrews	m	GingerMay	36:19	02:06	2:56:43	01:39	2:21:00	5:57:47
16.	570	Tim Miles	m	Team SWAT	36:24	01:34	3:03:42	01:15	2:17:53	6:00:47
17.	592	Allan Ponsonby	m	Farnham Triathlon Club	39:56	03:04	2:59:27	01:40	2:22:06	6:06:12

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18.	587	Jes�s Pascual Camino	m	Clapham Chasers	48:53	03:21	3:05:59	02:30	2:07:03	6:07:45
19.	526	Matt Coulson	m		28:40	02:40	3:20:19	02:51	2:38:31	6:33:00
20.	538	Gary Fox	m		44:22	03:29	3:06:18	04:20	2:37:32	6:36:00
21.	608	Phil Stephenson	m		40:24	08:22	3:12:26	02:35	2:35:26	6:39:12
22.	566	Dean Martin	m	Army TRI Association	1:06:11	02:11	3:11:54	01:49	2:39:32	7:01:37
23.	517	Warren Camilleri	m		57:47	08:00	3:12:51	04:03	2:44:19	7:07:00
DSQ	539	Jon Gay	m	Chorlton Velo/Sale Dragons	39:18	03:00	2:52:16	01:26	2:11:00	5:47:00
DNF	624	Jonathan Young	m		46:07	04:28	1:40:45			

Super Vet + Male 50-99

1.	565	Dave Mann	m	NYP Tri	32:37	01:12	2:30:21	01:13	1:41:49	4:47:11
2.	502	David Allen	m	Tri-Spoke	34:16	01:15	2:34:40	01:12	1:48:06	4:59:28
3.	572	Andrew Moore	m		44:58	02:13	2:20:33	01:30	1:52:36	5:01:50
4.	531	Steve Earle	m	-	35:06	02:31	2:33:18	01:50	1:54:45	5:07:29
5.	534	Richard Elder	m		37:18	02:35	2:45:46	01:41	1:55:09	5:22:29
6.	621	Andy Williams	m		39:49	02:05	2:51:33	02:11	1:56:53	5:32:30
7.	522	Nick Collinson	m		32:40	02:27	2:52:02	02:08	2:09:17	5:38:33
8.	617	John Walsh	m	Epsom Triathlon Club	36:48	04:30	2:51:27	01:44	2:11:59	5:46:27
9.	518	Andrew Canessa	m		39:09	02:29	2:59:24	01:41	2:17:50	6:00:33
10.	532	Nigel Eden	m		34:29	01:50	2:56:39	01:36	2:32:25	6:06:58
11.	616	Joe Walsh	m	ETC	44:56	04:26	3:01:05	02:56	2:14:31	6:07:53
12.	511	Adrian Buckland	m		36:23	01:20	3:08:43	01:16	2:20:31	6:08:12
13.	530	Craig Drury	m	fairlyaveragetriathletes	55:56	02:49	3:02:10	01:18	2:11:41	6:13:54
14.	613	Paul Tulk	m	Newmarket Cycling & Triathlon	34:53	03:50	3:07:12	03:45	2:32:00	6:21:39
15.	510	Jon Brown	m	JBR Run & Tri Club	47:07	05:30	3:02:43	02:12	2:26:24	6:23:55
16.	599	Philip Robinson	m		43:14	04:40	2:52:43	02:24	2:50:38	6:33:38
17.	542	Robert Goodwin	m	Ashford Tri Club	46:17	03:09	3:23:20	02:10	2:31:01	6:45:57
18.	515	Duncan Butt	m		41:51	04:54	3:14:56	02:52	2:42:17	6:46:49
19.	525	Michael Cotterill	m	Little Baddow Ridge Runners	37:59	03:35	3:25:45	02:48	2:45:11	6:55:17
20.	521	Tony Clarke	m	FairlyAverageTriathletes	52:51	03:09	3:23:36	03:13	3:20:04	7:42:53

Number of records: 109